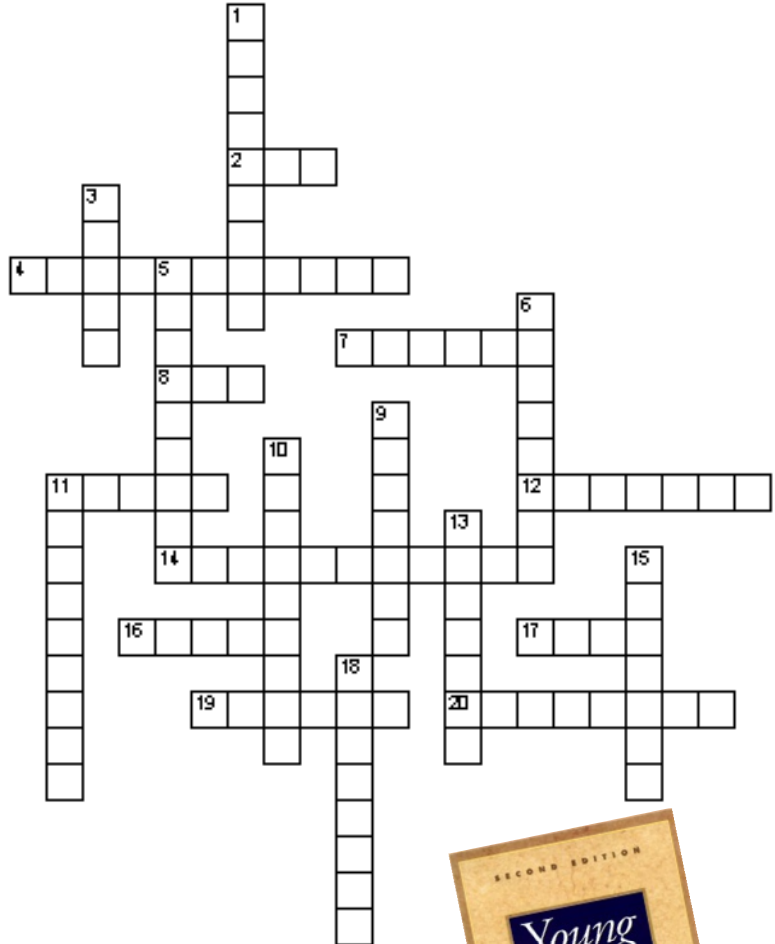


# Young, Sober, & Free Criss Cross

Instructions: Read the clues and fill in the squares by looking up the answers in the recovery manual *Young, Sober, & Free*.

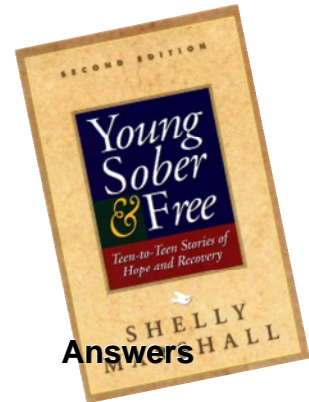
## Across

2. (initials) Besides AA and NA this is a good 12-Step meeting to begin (P 64)
4. (two words) is a form of movement meditation (P 50)
7. Negative emotions do this to an addict's body (P 72)
8. Don't pick up even if this falls off (P 71)
11. Although many confuse them, this is not the same as an apology. (P 36)
12. (two words) Shortest sentence in the Big Book. (P 126)
14. Another word for character defect (P 30)
16. An early-warning emotion (P 74)
17. This is not the same thing as sex (P 78)
19. We use this to benefit others and not for selfish gain (P 49)
20. This kind of thinking leads to self will run riot (P 46)



## Down

1. Fundamental ideal or admirable and moral action (P 63)
3. Fear of tomorrow (P 75)
5. Easy to get household chemicals that can lead to serous brain damage (P15)
6. Is not allowing the addict to face the consequences of their behavior (P 89)
9. (two words) Nic name for the main text of Alcoholic's Anonymous (P 29)
10. The type of awakening we can expect from the 12th step (P 60)
11. \_\_\_\_\_ personality. There is no such thing. (P 3)
13. Alcoholism/addiction is not delinquency, it is a (P107)
15. These kind of makers make it (P 96)
18. Only your physician should practice this on you. (P 118)



Across	Down
2. CDA	1. Principle
4. MartialArts	3. Worry
7. Poison	5. Inhalants
8. Ass	6. Enabling
11. Amend	9. Big Book
12. Itworks	10. Spiritual
14. Shortcoming	11. Addictive
16. Guilt	13. Disease
17. Love	15. Meeting
19. Prayer	18. Medicine
20. Stinking	